



THIS WEEK

Week of June 23rd

What's Happening

THIS WEEK AT TEPPAN BOWL

General Tso Chicken

Garlic Fried Rice

Chicken Dumplings

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Main Dish **GRILLED FLANK STEAK**
Roasted Potatoes
Parmesan Cauliflower

Tossed BBQ Pulled Pork

Melt'd Chicken Cordon Bleu

Soup Oyster Chowder

Chef's Table Greek Chicken Bowl

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Main Dish **BUFFALO GRILLED CHICKEN THIGH FIT**
Basmati Rice Pilaf **FIT**
Steamed Green Beans **FIT**

Tossed Watermelon Lime

Melt'd Grilled Portobello **FIT**

Soup Potato Leek **FIT**

Chef's Table Japanese Cold Noodle Salad

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Main Dish **CORIANDER CRUSTED PORK LOIN FIT**
Yukon Gold Potatoes
Roasted Carrots **FIT**

Tossed Loaded Avocado Salad

Melt'd Three Cheese Melt

Soup Creamy Tomato Basil

Chef's Table Loaded Avocado Salad

Th

Main Dish **ALL BEEF MEATLOAF**
Garlic Mashed Potatoes
Steamed Broccoli **FIT**

Tossed Caesar

Melt'd Tarragon Chicken Salad

Soup Beef Barley **FIT**

Chef's Table Jerk Chicken

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Tossed **CRAB CAKE**

Melt'd Blackened Shrimp

Soup New England Clam Chowder

Chef's Table Steak Quesadilla